

ALLAMA IQBAL OPEN UNIVERSITY

LEVEL	MA/M.ED	SEMESTER	AUTUMN 2021
PAPER	INDEPENDENCE TRAINING FOR THE VISUALLY HANDICAPPED (677)	TIME ALLOWED	3 Hours

NOTE: ATTEMPT ANY FIVE QUESTION.

Q.NO.	QUESTIONS	MARKS
Q.NO.1	Define orientation and mobility. What is the significance of orientation and mobility for education of children with visual impairment.	20
Q.NO.2	What are the basic concepts and tips on travel to be known by the orientation and mobility instructor? How can he/she facilitate the independence training of students with visual impairment during an excursion trip.	20
Q.NO.3	Discuss the role of self-motivation, how it facilitates daily living skills training of persons having visual impairment. Give three examples to support your viewpoint.	20
Q.NO.4	Describe body awareness. How body awareness helps visually impaired person (VIP) in maintaining good body posture and performing appropriate motor activities. Support your answer with examples.	20
Q.NO.5	How the sighted guide is the most important mobility aid for person with visual impairment in this age of science and technology. Describe the role of sighted guide in following situations; 1- Walking in a narrow street 2- Negotiating the steps (upward and downward) 3- Crossing a busy road.	20
Q.NO.6	Describe the significance of flexibility in promoting independence and confidence of the person with disability. Discuss four suitable games/exercises to improve flexibility in VIC.	20
Q.NO.7	What is the importance of teaching daily living skills (DLS)? How can parents help their visually impaired children in teaching these skills.	20
Q.NO.8	Describe self-protection techniques for moving through the environment independently. Discuss use of cane while ascending and descending stairs.	20